



Diabetes Management Program

Florida Blue, in partnership with The Diabetes Education Center at Advent Health, is currently offering a FREE diabetes management program for MCPS employees.

The MCPS Diabetes Management Program was designed to provide resources and education to help diabetics effectively manage their disease. All school board employees and their adult dependents who are enrolled in the MCPS health insurance plan through Florida Blue are eligible to participate at no cost.

Diabetes Education

Participants will meet with a Certified Diabetes Educator to discuss monitoring blood sugar levels, medication management, and acute and chronic complications.

Free Medication/Supplies

Upon completion of the requirements, participants will receive generic diabetes, cholesterol and blood pressure medication, insulin, and testing supplies at no cost!

Diabetic Screenings

Participants will get the following screenings: HbA1c, lipid panel, microalbumin, diabetic podiatry exam, dilated retinal exam.

Nutrition Education

Participants will also meet with a registered dietician to create an individualized meal plan.

To register, contact Laurel Lingle at 352.622.9124.