



# Marathon Walking Challenge

During the month of June, Extended Day staff who complete a marathon (26.2 miles) will earn a \$10 Publix Gift Card. Plus, everyone who finishes the challenge will be entered into a drawing for a Fitbit!

## Step 1:

Print the attached calendar to track your progress. Make sure to include your name and email address in the designated space.

## Step 2:

Get moving!  
Each day, track your mileage and time. Make sure to get at least one mile a day for a total of 26 miles.

## Step 3:

At the end of June, turn in your completed calendar to receive your prize and be entered into the drawing for a **FREE** Fitbit!

# June

# 2019

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 ____ mile(s) walked Time: _____	4 ____ mile(s) walked Time: _____	5 ____ mile(s) walked Time: _____	6 ____ mile(s) walked Time: _____	7 ____ mile(s) walked Time: _____	8 ____ mile(s) walked Time: _____
9 ____ mile(s) walked Time: _____	10 ____ mile(s) walked Time: _____	11 ____ mile(s) walked Time: _____	12 ____ mile(s) walked Time: _____	13 ____ mile(s) walked Time: _____	14 ____ mile(s) walked Time: _____	15 ____ mile(s) walked Time: _____
16 ____ mile(s) walked Time: _____	17 ____ mile(s) walked Time: _____	18 ____ mile(s) walked Time: _____	19 ____ mile(s) walked Time: _____	20 ____ mile(s) walked Time: _____	21 ____ mile(s) walked Time: _____	22 ____ mile(s) walked Time: _____
23 ____ mile(s) walked Time: _____	24 ____ mile(s) walked Time: _____	25 ____ mile(s) walked Time: _____	26 ____ mile(s) walked Time: _____	27 ____ mile(s) walked Time: _____	28 ____ mile(s) walked Time: _____	29
30	<b>Total Miles Walked</b> _____	<p>Please turn in your completed calendar no later than Wednesday, July 3<sup>rd</sup>. Calendars should be submitted to <a href="mailto:sara.workman@marion.k12.fl.us">sara.workman@marion.k12.fl.us</a> or dropped off at the Extended Day office with Sara. Participants who successfully complete the Marathon Walking Challenge will be emailed when their prize is available for pickup.</p>				