

# Follow these step-by-step instructions to download the Active Marion Project 2 app and join your school or location's team.

**Step 1:** If you have not already done so, delete/uninstall the current AMP app from your phone.

**Step 2:** Download the new, AMP app to your smart phone by visit your app store and searching for **Active Marion Project 2**. (Make sure to allow notifications from AMP 2).

*\*Android users who have not downloaded GoogleFit will be required to download it in addition to the AMP app.*

**Step 3:** Enter your mobile phone number (must leave the +1) and First & Last Name. Then click on Sign-Up. A verification code will be texted to the number entered.

**Step 4:** Enter the verification code in the AMP App.

**Step 5:** Select source.

- **iPhone** users can select either Apple Health or Fitbit\*\* (must allow AMP 2 to read data)

- **Android** users can select either GoogleFit\* or Fitbit\*\* (must allow AMP 2 to read data)

\*\*If you use Fitbit, you will have to log in to Fitbit with your password.

**Step 6:** Set a goal.

**Step 7:** Select the zip code associated with where you live or work.

**Step 8:** Enter your date of birth (2 digit month, 2 digit day, 4 digit year).

**Step 9:** Enter your weight and height (this information is not visible to other users and will not be shared).

**Step 10:** Add a profile picture (not required).

**Step 11:** Select the group icon located on the bottom of your screen (silhouette of 2 people).

**Step 12:** Click Join a Group.

**Step 13:** Enter your school or location's team name exactly as shown (no spaces): **RMF-MCPS**

**Step 14:** Click on your school or location's team to join.

*\*Once you have requested to join, the team AMPlifier will approve your request.*

**Step 15:** Get moving to earn prizes! (Challenge runs from October 15<sup>th</sup> - November 15<sup>th</sup>)



The step goal default is 7,500 steps per day. If you would like to change your daily step goal, select the arrow icon located on the bottom of your screen and click Add New.