

Made available through



**Join now – \$0 enrollment fee<sup>3</sup>**

**Use multiple gyms<sup>1</sup> for only one \$29 monthly membership fee<sup>2</sup>.  
During September, save \$29 when you join with no enrollment fee<sup>3</sup>.**

### **Focus on your fitness.**

**Finish the year strong.** Start working out and save money now with Fitness Your Way®, your fitness benefit brought to you by your health plan

For a limited time you can join Fitness Your Way with no enrollment fee<sup>3</sup>. That's a \$29 value. Your membership gives you access to 10,000+ fitness locations<sup>1</sup> where you live, work and travel nationwide for only \$29 a month<sup>2</sup>. Plus, enjoy discounts on healthy living products and services at thousands of well-being specialists<sup>4</sup>.

**Sign up now and start working on those fall fitness goals!**

 **This offer expires September 30, 2019.**

**Join Fitness Your Way  
now and save \$29.**

Go to: [www.blue365deals.com/fyw](http://www.blue365deals.com/fyw)  
to enroll. Enter the promo code  
**SEPTSAVE** to pay no enrollment fee.

You can also enroll and redeem your  
no-fee offer by phone: **1-877-614-6313**  
Monday – Friday 8 a.m. – 8 p.m. ET

1. Fitness locations are not owned or operated by Tivity Health, Inc. or its affiliates. Fitness Your Way membership entitles member to use of the fitness location facilities and amenities available to the holder of a basic membership at the fitness locations. Facilities and amenities vary by location.

2. Fitness Your Way membership fee is \$29.00 per month plus applicable sales tax.

3. Offer valid until September 30, 2019. Offer available to residents of United States who are at least 18 years old. Purchaser must provide the SEPTSAVE promo code at sign-up to receive waiver of the \$29.00 enrollment fee. Additional terms, conditions and limitations apply. See Fitness Your Way programs terms for details.

4. Tivity Health, Inc. and its affiliates do not employ, own or operate third-party service providers. Services subject to terms and conditions of such third-party provider. Check with the provider for details.

\* Taxes may apply. Individuals must be at least 18 years old to purchase a membership.

IMPORTANT DISCLOSURES: AS PART OF THE FITNESS YOUR WAY BY TIVITY HEALTH PROGRAM (THE "FYW PROGRAM"), MEMBERS ARE PROVIDED WITH ACCESS TO A NETWORK OF PARTICIPATING THIRD PARTY PROVIDERS WHO OFFER DISCOUNTED COMPLEMENTARY AND ALTERNATIVE MEDICINE SERVICES INCLUDING, BUT NOT LIMITED TO, CHIROPRACTIC, ACUPUNCTURE, MASSAGE/BODY WORK SERVICES ("CAM SERVICES"). THE CAM SERVICES COMPONENT OF THE FYW PROGRAM IS PROVIDED BY WHOLEHEALTH NETWORKS, INC., A WHOLLY-OWNED SUBSIDIARY OF TIVITY HEALTH SERVICES, LLC ("WHN"), WITH A MAILING ADDRESS OF: ATTN: WHOLE HEALTH LIVING., 1445 S. SPECTRUM BLVD, CHANDLER, ARIZONA 85286. THE FYW PROGRAM IS NOT INSURANCE. THE FYW PROGRAM MEMBERSHIP FEE IS \$29.00 PER MONTH PLUS APPLICABLE SALES TAXES. DISCOUNTS VARY PER CAM SERVICE PROVIDER. THE FYW PROGRAM MEMBER MUST PAY FOR DISCOUNTED CAM SERVICES, BUT WILL RECEIVE A DISCOUNT FROM THE PARTICIPATING CAM SERVICE PROVIDERS. WHN DOES NOT MAKE PAYMENTS DIRECTLY TO THE THIRD PARTY CAM SERVICES PROVIDERS. FOR ADDITIONAL INFORMATION INCLUDING A LIST OF PARTICIPATING CAM SERVICE PROVIDERS, CALL TOLL-FREE AT 888-242-2060, OR VISIT THE FYW PROGRAM WEBSITE AT <https://FITNESSYOURWAY.TIVITYHEALTH.COM>. HEALTH CARE AND HEALTH CARE RELATED PROVIDERS IN THE WHN CAM SERVICES NETWORK ARE NOT CURRENTLY AVAILABLE TO RESIDENTS OF CALIFORNIA, CONNETICUT, DELAWARE, INDIANA, LOUISIANA, MONTANA, NEBRAKSA, NEW HAMPSHIRE, NEVADA, OKLAHOMA, OREGON, RHODE ISLAND, SOUTH CAROLINA, SOUTH DAKOTA, UTAH, WASHINGTON OR WEST VIRGINIA. PLEASE VISIT [www.whlchoices.com](http://www.whlchoices.com) FOR A COMPLETE LIST OF AVAILABLE CAM SERVICE PROVIDERS AVAILABLE IN MEMBER'S STATE OF RESIDENCE.



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