



QUIT YOUR WAY

Quitting tobacco isn't easy. Finding help should be. Tobacco Free Florida offers free tools and services to help you get started.

GROUP SCHEDULE

Marion Technical College

Room 080F

1014 SW 7th Road, Ocala, FL 34471

TUESDAYS

Oct. 4th - Nov. 15th

5:30 PM - 7:00 PM

Call toll free

(866) 341-2730

to register

FREE

Nicotine replacement patches,
gum and lozenges.*

**While supplies last and if medically appropriate.*

FREE

Community, worksite and clinic
groups offered.

Programs cover all forms of tobacco.



GROUP QUIT

Is the in-person option of Tobacco Free Florida
Quit Your Way services.

toll free 877-848-6696

tobaccofreeflorida.com/quityourway