

Intro to zumba

<https://www.youtube.com/watch?v=-ChwH2kP5Cg&t=262s>

Zumba Week 1:

<https://www.youtube.com/watch?v=VxmPyHuah4M&t=19s>

Zumba Week 2:

<https://www.youtube.com/watch?v=8HvJaLBh4as&t=2s>

Zumba Week 3:

<https://www.youtube.com/watch?v=dJJiImXu-fY&t=4s>

Zumba Week 4:

<https://www.youtube.com/watch?v=SUDRKHMYcNc&t=921s>